

Curriculum Vitae

Zoe Cocksedge

Summary

I am an Occupational Therapist with 26 years' experience working with clients with a wide range of complex physical disabilities, learning disabilities and more currently head injuries. In various roles, I have had responsibility for holding clinical case load, development of an Occupational Therapy Service within triage as a pilot project in the local authority and providing training packages for housing. I have been working as a case manager for the for the last 8 years and I continue to run my own independent Occupational Therapy business, which I have done for the last 13 years.

My wide experience and skills include clinical assessment and intervention, project management and training and presentation skills. I have a particular skill set in working with complex family systems.

I am a creative and well organised person and work well within teams as well as lone working. I have a particular interest and skillset working with complex family systems

Qualifications

- ▶ Best Interest Assessors Training, University of Birmingham
- ▶ Brain Injury case management Module, University of Birmingham, Theory and practice of brain injury case management
- ▶ Diploma, Humanistic Counselling, Warwick University – Coventry, Theory and practical experience in humanistic counselling models
- ▶ Diploma, Occupational Therapy, Newcastle Polytechnic – Newcastle, Theoretical and scientific knowledge in understanding human function and dysfunction

Professional membership and registration

- ▶ Member (was chair until 2016) of Cornwall BAOT locality CPD group
- ▶ South West Regional BAOT committee member, membership lead – retired
- ▶ Working party for Cornwall's Occupational Therapy Conference
- ▶ Health Care Professions Council member (OT20600)
- ▶ College of Occupational Therapy member (BT0205635)
- ▶ College of Occupational Therapy Housing Specialist Section member
- ▶ British Association of Brain Injury Case Managers
- ▶ Brain Injury Social Work Group
- ▶ Activities & Interests

Current work

StanleySmith Case Management – since April 2019 to present.

Independent Occupational Therapist Housing - Cornwall Independent Occupational Therapy Services – Sep 2006 to Current.

Work History

Westcountry Case Management - Sep 2011 to 2019

Occupational Therapist, Band 7 - Cornwall Council - Apr 2000 to Sep 2008

Locum Occupational Therapist - West Midlands - Aug 1995 to Aug 2000

Volunteer Occupational Therapist Voluntary Work in Romania - Jul 1994 to Jun 1995

Occupational Therapist Band 5 rotation Worcester Mental Health Services - Sep 1992 to Jun 1994)

Specific Experience

Clinical

- ▶ Manage complex case load of brain injury, learning disability and complex physical injuries
- ▶ Managing & coordinating rehabilitation needs of clients
- ▶ Single and Jointly instructed cases
- ▶ Work with pre and post settled cases
- ▶ Assess, report writing and recommendations of specialist equipment and adaptation's

Managerial

- ▶ Managed pilot project over 18 months setting up an Occupational Service in triage team
- ▶ Supervision of junior Occupational Therapy staff and access assessors and provided training
- ▶ Set up and run my own successful business for 13 years
- ▶ Supervise/appraise directly employed staff.

Training / CPD within the last 2 years

- ▶ Presented at various Case manager conferences.
- ▶ Presented at the south west regional College of Occupational conference over the last 2 years
- ▶ Law Ethics and Healthcare in small town communities - Julie Stone Training
- ▶ Resilience, Self-Care and Limits of Competence - Julie Stone Training
- ▶ Mental Capacity and DOLs updates
- ▶ Supporting brain injured person through life's challenges
- ▶ Idapt Training – Housing Design
- ▶ Sleep unlimited – 2 days course in brain injury and sleep
- ▶ GDPR - Compliancy for therapists and case managers