

# Curriculum Vitae

## Nikki Smith

### Qualifications

- ▶ BSc Hons Physiotherapy, University of Southampton (2000).
- ▶ Advanced Bobath Trained (2004).
- ▶ Reflexologist - IHHT.

### Professional membership and registration

- ▶ British Association of Brain Injury Case Managers (BABICM).
- ▶ Case Management Society UK.
- ▶ Chartered Society of Physiotherapy (CSP).
- ▶ Health and Care Professions Council (HCPC).
- ▶ ACPIN Association of Chartered Physiotherapists Interested in Neurology.

### Case Manager

Over 11 years case management experience with complex neurological, spinal, orthopaedic and rehabilitation clients. Co-ordinating and facilitating clinical input with ongoing litigation cases and post settlement. Recruiting and managing employed care teams, setting up and managing agency care teams, implementing rehabilitation programmes, liaison with the client, family and multi-disciplinary team to ensure a holistic approach to improving quality of life.

### Physiotherapist

Astute and innovative Neurological Physiotherapist with 19 Years physiotherapy experience in all areas of neurology from acute to community setting. 8 years' experience directing and managing South Hams Physio Ltd ensuring effective quality treatments and services. Management and supervision of associate physiotherapists.

### Specific Injuries Experience

Nikki has special interest, skills and training in brain and spinal cord injuries. She has dedicated her career to working with this client group and ensures she maintains currency in her skills through her clinical practice, case management, and ongoing training and course attendance.

As an independent specialist neurological physiotherapist in the private sector, Nikki treats adults with complex neurological injuries/conditions and those with complex multi-trauma injuries. She regularly works with clients with spinal cord injuries and assists them to achieve their goals and improve their quality of life.

Nikki has been a Case Manager since 2008, and has significant experience of working closely with clients who have suffered brain and/or spinal cord injuries, and their families. Completing holistic assessments, Nikki then prioritises, manages and co-ordinates her client's immediate and ongoing needs to promote independence as far as this is possible. Nikki is involved in recruitment and management of support workers and is able to manage complex dynamics within care packages. She has extensive experience of leading teams and overseeing professionals supporting her case management clients.

Nikki is experienced in compiling Case Management and Physiotherapy reports for patients, solicitors and insurers.

## **Current work**

### **July 2018 to date:**

Joint Director, CQC Registered Manager and Adult Lead Case Manager for StanleySmith Case Management. Case manager for clients with complex neurological, orthopaedic and rehabilitation needs. Working holistically to guide and support them in achieving the best possible quality of life following accident or injury. Managing and supporting employed care teams and multi-disciplinary teams. CQC registered manager for StanleySmith Case Management. Managing and reporting care related issues and incidents for the company. Mentoring associate case managers, ensuring quality of service and outstanding clinical governance.

### **January 2011 to date:**

Director and Clinical Lead Physiotherapist for South Hams Physio Ltd. Independent Specialist Neurological Physiotherapist, working in the private sector with complex neurological, orthopaedic and rehabilitation clients helping them to reach their full physical potential and improve their quality of life. Managing the Physiotherapy Company and service. Peer support of associate physiotherapists.

### **August 2018 to date:**

Expert Witness - Jacqueline Webb & Co self-employed. Carrying out assessments and writing medico-legal reports for adults who have sustained a brain injury or spinal injury through accidents, road traffic collisions or illness. Attending meeting of experts and case conferences.

## **Work History**

### **January 2008 to July 2018:**

Case Manager working as a consultant for Westcountry Case Management Ltd. Assessing and treating complex neurological/orthopaedic/rehabilitation clients holistically to guide and support them in achieving the best possible quality of life following accident or injury.

### **May 2008 to January 2011:**

Plymouth Teaching Primary Care Trust, Mount Gould Hospital Physiotherapy Dept, Band 6 Physiotherapist. Team Leader providing highly specialised assessment, treatment and evaluation of the neurological and rehabilitation patient. Taking an active role in planning, co-ordinating, delivering, developing and evaluating the outpatients' therapy service.

### **September 2004 to May 2008:**

Plymouth Hospitals NHS Trust, Physiotherapy Dept Band 6 Physiotherapist. Rotating throughout all neurological services at 9-monthly intervals, providing specialised assessment and treatment of the neurological patient.

### **April 2004 to September 2004:**

Morecambe Bay Hospitals NHS Trust, Furness General Hospital (Barrow in Furness) Band 7 Physiotherapist. Team leader and implementer of a new stroke service. Providing specialised physiotherapy in the acute and rehabilitation setting of the stroke service.

### **June 2003 to April 2004:**

Waters Park House Plymouth, Lead Physiotherapist. Setting up and promoting an effective service. Providing specialised assessment, treatment and evaluation of the acquired brain injured patient.

### **April 2002 to June 2003:**

Plymouth Teaching Primary Care Trust, Mount Gould Hospital Physiotherapy Dept, Senior II Physiotherapist. Rotating throughout all neurological services at 9-monthly intervals. Senior experience within acute stroke unit, neuromedical wards, primary care stroke unit and neurological rehabilitation unit.

### **July 2000 to April 2002:**

Plymouth Hospitals NHS Trust, Physiotherapy Dept, staff grade Physiotherapist. Rotating through a broad range of placements including: Neurosurgery, general/neuro-medical, ITU, musculoskeletal outpatients, neurological rehabilitation and rheumatology/hydrotherapy.

### **Training/CPD within the last 2 years**

- ▶ ABI Solutions 'Seeing is believing' mTBI & PTSD unlocking the complexity and controversy October 2019
- ▶ Presenting at Jacqueline Webb & Co/Enable Law study day October 2019
- ▶ ABI solutions 'Getting it right' Case Management conference September 2019
- ▶ Expert witness conferences at Jaqueline Webb and Co. 2019
- ▶ Court or protection conference – Enable Law February 2019
- ▶ Recolo – Growing a new you, brain injury conference February 2019
- ▶ My therapy app course.
- ▶ Sabeo upper limb orthotics course.
- ▶ Various post grad FES courses.
- ▶ Neurological Taping course.
- ▶ ACPIN study days.
- ▶ Westcountry Case Management conference – 2018.
- ▶ Adult Safeguarding 2019.
- ▶ Moving and handling updates 2019.
- ▶ Administration of Medication update 2019
- ▶ Health and Safety update 2019
- ▶ First aid and basic life support update 2019
- ▶ Food hygiene course/update 2019
- ▶ Mental Health update 2019
- ▶ Fire awareness update 2019