

Curriculum Vitae

Katya Tune (MCSP)

Katya has worked extensively over the past 15 years in the field of Neurological Physiotherapy, developing clinical skills in all areas of neurological rehabilitation in both acute and community settings. She has considerable experience in a variety of neurological presentations including Acquired and Traumatic Brain Injury, Acute and Community Stroke Rehabilitation and has gone on to specialise in Paediatrics and Young Adults with complex disabilities. In addition, Katya has a keen interest in Posture Management and seating for people with complex disabilities.

Katya has worked with case managers over a number of years and understands the litigation process. She started working as a case manager with StanleySmith Case Management in June 2019.

Qualifications

- ▶ 2006 – 2007 Oxford Centre of Excellence - PGCert – Postural Management for Children and Adults with Complex Disabilities
- ▶ 1998 – 2001 Brighton University BSc (Hons) Physiotherapy Degree

Professional membership and registration

- ▶ MCSP (Member of the Chartered Society of Physiotherapy)
- ▶ HPC (Member of the Health Professions Council)
- ▶ APCP (Association of Paediatric Chartered Physiotherapists)
- ▶ ACPIN (Association of Chartered Physiotherapists in Neurology)
- ▶ PMG (Member of the Posture and Mobility Group)
- ▶ UKABIF (United Kingdom Brain Injury Forum)

Current work

StanleySmith Case Management – since June 2019

Katya specialises in working with children and young adults. She works with the client empowering them to reach their potential. As part of this Katya works closely with the client and their family. She steers their rehabilitation needs looking 'outside the box' and working innovatively with a child friendly approach. Katya works closely with education, health and social care and will seek private funding where appropriate, so that the child's quality of life and potential is maximised. Katya is able to set up employed and agency care packages. She is mentored by Heidi Stanley, Director of StanleySmith Case Management.

Associate at Plymouth Neurophysio – since 2012

Providing an Independent Physiotherapy service, in a variety of settings, to Children and Young Adults with neurological conditions including Cerebral Palsy and Brain Injury.

Physiogain Services – since 2012

Own business offering an Independent Physiotherapy service in a variety of settings to Children and Young adults with neurological conditions including Cerebral Palsy and Brain Injury.

Work History

Dame Hannah Rogers Trust – 2006 - 2014

Development of new Physiotherapy service in the Adult provision. Assessments and reports. Provision of 24-hour Posture Management Plan/Hydrotherapy/Rebound therapy. Involvement in orthopedic/seating/orthotic/spinal clinics. Development of Outreach and Community Physiotherapy services. Support and training to carers and families. Applying to charities for funding and setting up assessments for equipment

Scope – Inclusion Team – 2005 – 2006

Paediatrics – Development of a new service working with schools to enhance transition of children with a variety of disabilities into mainstream provision. Advice on equipment for schools and families and out-patient physiotherapy and hydrotherapy community provision.

Action Medical – Locum – 2004 – 2005

South Gloucester Reablement Team – Adult orthopedics and neurological rehabilitation

Rapid response service in the community, involvement in hospital discharges and prevention of hospital admissions. Assessments and advice in the community and provision of neurorehabilitation and post-operative orthopedic services for the community.

Scope – Trengweath School

Physiotherapy service to the children attending the school. Provision of hydrotherapy/rebound therapy/one-to-one therapy input/24-hr postural management plan. Advice on equipment and posture needs. Input to orthopedic, orthotic and seating clinics. Training for staff/carers/families.

Dame Hannah Rogers Trust – Maternity cover – 2003 – 2004

Provision of 24-hr posture management plans/Hydrotherapy/Rebound therapy/Riding for the disabled (RDA). Assessments and reviews of students, SEN reports and communicating with Healthcare Professionals both locally and in other trusts. Involvement in Wheelchair services and Orthotics clinics.

Junior Rotations – Plymouth NHS Trust – 2001 – 2003

Covering on-call and weekend rota.

Neurosurgical – Derriford Hospital. Acute Trust. 1 ward, including 4 bedded HDU section, 4 Neuro beds in ITU, Neurological patients in the private ward.

Responsible for Neurosurgical admission patients and their follow-up. Respiratory and posture care, neurological assessments, treatment and progression, joint Therapy assessments and treatments. Assisting in casting, posture management, Halo fixations, ward rounds and provision of advice for pre and post-op patients.

Out-patients – Derriford Hospital and HMS Drake. Acute Trust and MOD (Ministry of Defence).

Assessment, treatment and progression including electrotherapy. Referrals to other departments and provision of classes (including back, lower limb and upper limb classes)

Paediatrics – Dame Hannah Rogers School. Charitable Trust.

Provision of 24-hr posture management plans/Hydrotherapy/Rebound therapy/Riding for the disabled (RDA).

Assessments and reviews of students, SEN reports and communicating with Healthcare Professionals both locally and in other trusts. Involvement in Wheelchair services and Orthotics clinics.

Burns, plastics and hands – Derriford Hospital. Acute Trust. 1 ward including 2 heated rooms and 16 beds plus a 50% outpatient caseload.

Respiratory care for all in-patients, provision of out-patient follow-up, liaison and joint sessions with MDT, assistance to the orthopedic team (trauma and elective) and provision of a physiotherapy service in the Fracture clinic and Admissions ward.

Cardiothoracics - Derriford Hospital. Acute Trust. 6 bedded CCU, 4 bedded HDU, 4 wards plus involvement in a private ward.

Treatment and rehabilitation of patients who had undergone cardiac or thoracic surgery, respiratory care of all patients on the wards and provision of advice for post-operative patients.

Stroke rehab unit – Mount Gould Hospital. Community Trust. 28 bedded in-patient unit. Linked with Day Therapy and Reablement.

Treatment and rehabilitation of in-patients, liaison and joint sessions with MDT, liaising with social services and families, input into care packages for home or the provision of alternative appropriate accommodation.

Training / CPD within the last 2 years

- ▶ CPIP Training workshop – November 2018
- ▶ Moving and Handling course (Newcross) – August 2018
- ▶ APCP – 2-day Conference (Neurodisability, Participation, Pain and MSK) – November 2017
- ▶ Ataxia Training Day – July 2017
- ▶ Rebound Therapy - refresher course (Level 2) (April 2013 and March 2016)
- ▶ Rock Tape (Kinesiology taping) Course (November 2015)
- ▶ Foundations for Function – workshop on Head and Thorax within postural control (2 days)-(June 2015)
- ▶ GAS – Goal attainment scaling workshop (March 2015)
- ▶ Management and Treatment of the Upper Limb in neurological patients (Bobath) (2 days) - (February 2014)
- ▶ Breathing and Postural Control - PMG (Posture and Mobility Group – Mary Massery) (December 2013)
- ▶ DMO (Dynamic Movement Orthoses) – Assessment and Prescription Course (July 2013)
- ▶ Dorset Orthopaedic Orthotic Study Day (May 2013)
- ▶ Spasticity Management Study day (September 2012)
- ▶ Bobath approach to the Treatment and Management of Children with Cerebral palsy – (November 2010)
- ▶ Aquatic Therapy for Clients with Complex needs (Heather Epps) – (October 2009)
- ▶ Chailey approach to Postural management
- ▶ Three day course on the Treatment and Management of Cerebral Palsy (Pauline Christmas) - (March 2008)